

WEEK1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jacket Potatoes Choice of Fillings	Soup of the day with crusty rolls	Lamb Stew Crusty Rolls	Gammon with Pineapple	Fish & Chips	Chef's Choice	Sunday Roast
Salad	----- Fresh Fruit		Seasonal Vegetables	Mushy Peas Baked Beans		Seasonal Vegetables
	Beef Lasagne Garlic Bread					
		Vegetarian Stew	Cauliflower & Broccoli Bake	Vegetarian Pizza		Vegetarian Option
-----	Veggie Lasagne	-----		-----		-----
	Salad -----		-----		-----	
Dessert	Yoghurt Fresh Fruit	Dessert	Dessert	Dessert	Dessert	Dessert

Week commencing:-
 17 Jan 2011
 14 Feb
 21 March

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jacket Potatoes Choice of Fillings	Soup of the day with crusty rolls	Lamb Curry with Rice	Chicken Pie	Fish & Chips	Chef's Choice	Sunday Roast
Salad	----- Fresh Fruit	Seasonal Vegetables	Seasonal Vegetables	Mushy Peas Baked Beans		Seasonal Vegetables
	Beef & Ale Stew Rice & Veg					
		Vegetarian Curry		Vegetarian Omelettes		Vegetarian Option
-----	Mushroom Stroganoff	-----	Vegetarian Pie	-----		-----
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Dessert	Yoghurt	Dessert	Dessert	Dessert	Dessert	Dessert

Week Commencing
 24 Jan 2011
 28 Feb
 28 March

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jacket Potatoes Choice of Fillings	Soup of the day with crusty rolls	Pork Chops Mashed Potatoes	Roast Chicken	Fish & Chips	Chef's Choice	Sunday Roast
Salad	----- Fresh Fruit	Seasonal Vegetables	Seasonal Vegetables	Mushy Peas Baked Beans		Seasonal Vegetables
	Lamb Chilli Rice	Mushrooms, Soft Cheese & Garlic Olives	Stuffed Aubergines	Quiche		Vegetarian Option
-----	Vegetarian Chilli	-----		-----		-----
	-----		-----		-----	
Dessert	Yoghurt	Dessert	Dessert	Dessert	Dessert	Dessert

Week Commencing
31 Jan 2011
7 March

Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jacket Potatoes Choice of Fillings	Soup of the day with crusty rolls	Braised Steak	Sausage & Mash	Burger & Chips	Chefs Special	Sunday Roast
Salad	----- Fresh Fruit	Seasonal Vegetables		Salad		Seasonal Vegetables
	Chicken Chorizo Stew	Vegetarian Option	Vegetarian Option	Vegetarian Burger		Vegetarian Option
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	Vegetarian Stew & Rice		-----		-----	

Dessert	Yoghurt	Dessert	Dessert	Dessert	Dessert	Dessert

Week Commencing
7 Feb 2011
14 March